



CHESAPEAKE BEACH WATER PARK
BEACHCOMBER GRILL MENU
NUTRITIONAL INFORMATION

DISCLAIMER

Disclaimer: The nutrition information, ingredients/allergens and attributes/diet types displayed as well as any corresponding claims related thereto, including without limitation, claims regarding the vegetarian, vegan, Kosher, and gluten-free status of a product or item (collectively, Product Information & Attributes/Diet Types/Claims) are provided by product manufacturers and suppliers. Such information may not be complete and/or up to date. You should defer to the product packaging and/or consult with the product manufacturer for complete and current product information. Determination of whether or not a product or item meets the parameters of a specific lifestyle/diet is at your discretion and risk. The CBWP, Sysco, and its affiliates do not guarantee the validity, accuracy or completeness of any Product Information & Attributes/Diet Types/Claim, and you hereby release The CBWP, Sysco and its affiliates for all claims in any way related to the Product Information & Attributes/Diet Types/Claims. Note that if an item is linked to nutrition information from the USDA National Nutrient Database for Standard Reference, ingredients and allergens will not be displayed. Percent Daily Values are based on 1990 NLEA regulations.

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CHICKEN TENDERS

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	Total Fat 13g	17%	Total Carbohydrate 17g	6%
Serving size 1 Serving (112g)	Saturated Fat 2g	10%	Dietary Fiber 1g	4%
	<i>Trans Fat</i> 0g		Total Sugars 0g	
Calories per serving 250	Cholesterol 30mg	10%	Includes 0g Added Sugars	0%
	Sodium 550mg	24%	Protein 17g	
	Vitamin D NA NA%	• Calcium 10mg 0%	• Iron 0.40mg 2%	
	Potassium 230mg 5%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Portioned chicken tenders with rib meat CONTAINING: Up to 11% of a solution of water, seasoning [maltodextrin, salt, sugar, flavors, vegetable stock (carrot, onion, celery), carrot powder and garlic powder], salt, modified food starch, sodium phosphates. BREADED WITH: Bleached wheat flour, water, wheat flour, salt, leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), spices, disodium inosinate and disodium guanylate, dried onion, dried garlic, canola oil, modified palm oils, dextrose, wheat gluten, dried yeast, and turmeric extract (color). Breeding set in vegetable oil.

Allergens & Warnings

CONTAINS WHEAT
 MAY CONTAIN: NA
 FREE FROM EGGS, FISH, MILK, PEANUTS, SOY, TREE NUTS

Attributes

No information is available

Organic Claims

No information is available

FRIES

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Serving size 3 oz (84g/about 16 pieces) (84g)		Total Fat 4g	5%	Total Carbohydrate 22g	8%
		Saturated Fat 0.5g	3%	Dietary Fiber 1g	4%
Calories per serving 130		<i>Trans Fat</i> 0g		Total Sugars 0g	
		Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
		Sodium 340mg	15%	Protein 2g	
		Vitamin D 0mcg	0%	• Calcium 0mg	0%
		Potassium 270mg	6%	• Iron 0.60mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

School Nutrition Information

Each 2.57 ounce serving of the product above contains 1/2 cup Starchy vegetable.

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Ingredients

Potatoes, Vegetable Oil (Soybean, Canola, Cottonseed, and/or Sunflower), Enriched Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Contains less than 2% of Annatto Extract Color, Cornstarch, Degermed Yellow Corn Meal, Dextrin, Dextrose, Durum Wheat Semolina, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Rice Flour, Salt, Xanthan Gum, Disodium Dihydrogen Pyrophosphate (to maintain natural color). CONTAINS: Wheat.

Allergens & Warnings

CONTAINS WHEAT

MAY CONTAIN: NA

FREE FROM NA

Attributes

No information is available

Organic Claims

No information is available

HOT DOGS

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	Total Fat 34g	44%	Total Carbohydrate 2g	1%
Serving size 1 Link (113g)	Saturated Fat 16g	80%	Dietary Fiber 0g	0%
	<i>Trans Fat</i> 1g		Total Sugars 0g	
Calories per serving 320	Cholesterol 70mg	23%	Includes NA Added Sugars	NA%
	Sodium 1170mg	51%	Protein 12g	
	Vitamin D NA NA%	• Calcium 0mg 0%	• Iron 0.72mg 4%	
	Potassium NA NA%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

School Nutrition Information

I certify that the above information is true and correct and that a 4.00 ounce serving of the above product (ready for serving) contains 4.00 ounces of equivalent meat/meat alternate when prepared according to directions.

Disclaimer: This information is for reference only and not for documenting federal meal requirements. Please contact your Sysco representative with any inquiries related to school meal equivalency information.

Ingredients

Beef, Water, Contains 2% Or Less Of Salt, Spices, Sorbitol, Sodium Phosphates, Paprika, Sodium Erythorbate, Flavorings, Sodium Nitrite.

Allergens & Warnings

CONTAINS NA
MAY CONTAIN:NA
FREE FROM EGGS, FISH, MILK, PEANUTS, SOY, TREE NUTS, WHEAT

Attributes

NA

Organic Claims

No information is available

BEEF PATTY

	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Nutrition Facts <hr/> Serving size 4 Ounces (112g) <hr/> Calories per serving 290	Total Fat 25g	32%	Total Carbohydrate 1g	0%
	Saturated Fat 11g	54%	Dietary Fiber 0g	0%
	<i>Trans</i> Fat 1.5g		Total Sugars 0g	
	Cholesterol 80mg	26%	Includes NA Added Sugars	NA%
	Sodium 270mg	12%	Protein 18g	
	Vitamin D NA	NA%	• Calcium 20mg	2%
	Potassium NA	NA%	• Iron 1.80mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Ground Chuck, Water, Deheated Mustard, Salt, Spice, Ground Mustard

Allergens & Warnings

No information is available

Attributes

NA

Organic Claims

No information is available

SOFT PRETZEL

Nutrition Facts		Amount/serving		% Daily Value*		Amount/serving		% Daily Value*	
		Total Fat 1g		1%		Total Carbohydrate 74g		27%	
Serving size 1 pretzel (142g)		Saturated Fat 0g		0%		Dietary Fiber 2g		7%	
		Trans Fat 0g				Total Sugars 2g			
Calories per serving 360		Cholesterol 0mg		0%		Includes less than 1g Added Sugars		2%	
		Sodium 240mg		10%		Protein 11g			
		Vitamin D NA		NA%		• Calcium 20mg		2%	
		Potassium 140mg		3%		• Iron 4.99mg		30%	

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School Nutrition Information

The listed serving size provides 2.5 bread/grain servings based on Group B in the Food Buying Guide oz. eq. serving size exhibit.

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Ingredients

ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CORN SYRUP, YEAST, BICARBONATES AND CARBONATES OF SODA.

Allergens & Warnings

CONTAINS WHEAT
MAY CONTAIN:NA
FREE FROM EGGS, FISH, MILK, PEANUTS, SOY, TREE NUTS

Attributes

NA

Organic Claims

No information is available

PULLED PORK

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	Total Fat 14g	18%	Total Carbohydrate 0g	0%
Serving size 3 OZ (85 G) (85g)	Saturated Fat 5g	25%	Dietary Fiber 0g	0%
	<i>Trans</i> Fat 0g		Total Sugars 0g	
Calories per serving 230	Cholesterol 105mg	35%	Includes NA Added Sugars	NA%
	Sodium 60mg	3%	Protein 24g	
	Vitamin D NA	NA%	• Calcium 0mg	0%
	Potassium NA	NA%	• Iron 1.44mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

PORK.

Allergens & Warnings

CONTAINS NA
MAY CONTAIN:NA
FREE FROM NA

Attributes

No information is available

Organic Claims

Not organic

FUNNEL CAKE

Nutrition Facts Serving size 1/3 funnel cake (64g) (64g) Calories per serving 270	Amount/serving		% Daily Value*	
	Total Fat 12g		15%	Total Carbohydrate 36g
Saturated Fat 2g		10%	Dietary Fiber less than 1g	4%
<i>Trans Fat</i> 0g			Total Sugars 12g	
Cholesterol 10mg		3%	Includes 11g Added Sugars	22%
Sodium 290mg		13%	Protein 4g	
Vitamin D NA	NA%		• Calcium 100mg	8%
Potassium 70mg	1%		• Iron 1.89mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SOYBEAN OIL, WATER, CONTAINS 2% OR LESS OF THE FOLLOWING: ARTIFICIAL FLAVOR, CELLULOSE GUM, DEFATTED SOY FLOUR, EGG YOLKS, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE, MONO- AND DIGLYCERIDES, NONFAT MILK, SALT.

Allergens & Warnings

CONTAINS EGGS, MILK, SOY, WHEAT
 MAY CONTAIN: NA
 FREE FROM FISH, PEANUTS, TREE NUTS

Attributes

NA

Organic Claims

No information is available

BEYOND VEGGIE BURGER

Nutrition Facts	Amount/serving		% Daily Value*		Amount/serving		% Daily Value*	
	Total Fat 20g		26%		Total Carbohydrate 6g		2%	
Serving size 1 Serving (113g)	Saturated Fat 6g		30%		Dietary Fiber 2g		7%	
	<i>Trans</i> Fat 0g				Total Sugars 0g			
Calories per serving 280	Cholesterol 0mg		0%		Includes NA Added Sugars		NA%	
	Sodium 390mg		17%		Protein 20g			
	Vitamin D NA	NA%	• Calcium NA	NA%	• Iron 4.50mg	25%		
	Potassium NA	NA%						

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Water, Pea Protein Isolate, Expeller-Pressed Canola Oil, Refined Coconut Oil, Rice Protein, Natural Flavors, Mung Bean Protein, Methylcellulose, Potato Starch, Apple Extract, Salt, Potassium Chloride, Vinegar, Lemon Juice Concentrate, Sunflower Lecithin, Beet Juice Extract (for color), Pomegranate Fruit Powder, Lycopene Color (from Tomato)

Allergens & Warnings

CONTAINS NA
 MAY CONTAIN:NA
 FREE FROM EGGS, FISH, MILK, PEANUTS, SOY, WHEAT

Attributes

NA

Organic Claims

No information is available

PIZZA

Nutrition Facts Serving size 1 Serving (149g) Calories per serving	Amount/serving		% Daily Value*		Amount/serving		% Daily Value*	
	Total Fat 11g		14%		Total Carbohydrate 54g		20%	
	Saturated Fat 6g		30%		Dietary Fiber 3g		11%	
	<i>Trans Fat</i> 0g				Total Sugars 8g			
	Cholesterol 20mg		7%		Includes 2g Added Sugars		4%	
Sodium 550mg		24%		Protein 15g				<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>
Vitamin D 0mcg		0%		Calcium 195mg		15%		
Potassium 410mg		9%		Iron 3.60mg		20%		
370								

Ingredients

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, LOW MOISTURE PART SKIM MOZZARELLA AND, PARMESAN CHEESES (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES), YEAST, TOMATO PASTE, YELLOW CORNMEAL, CONTAINS 2% OR LESS OF: VEGETABLE OIL (PALM, SOYBEAN AND/OR CANOLA OIL), SUGAR, SEA SALT, HYDROGENATED SOYBEAN OIL, SALT, MODIFIED FOOD STARCH, DATEM, WHEAT GLUTEN, DEXTROSE, MALTODEXTRIN, SPICE, PAPRIKA, DRIED GARLIC, GUAR GUM, CITRIC ACID, SOY LECITHIN, DRIED ONION, NATURAL FLAVOR, ASCORBIC ACID, WHEAT STARCH, ENZYMES.

Allergens & Warnings

CONTAINS MILK, SOY, WHEAT
 MAY CONTAIN:NA
 FREE FROM EGGS, FISH, PEANUTS, TREE NUTS

Attributes

No information is available

Organic Claims

No information is available

PEPPERONI

Nutrition Facts	Amount/serving		% Daily Value*		Amount/serving	% Daily Value*	
	Serving size 15 slices (30g)	Total Fat 14g		18%			Total Carbohydrate 0g
Calories per serving 150	Saturated Fat 5g		25%		Dietary Fiber 0g		0%
	<i>Trans</i> Fat 0g				Total Sugars 0g		
	Cholesterol 30mg		10%		Includes 0g Added Sugars		0%
	Sodium 540mg		23%		Protein 6g		
	Vitamin D 0mcg	0%		• Calcium 12mg	0%	• Iron 1.00mg	6%
	Potassium 100mg	2%					

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

School Nutrition Information

I certify that the above information is true and correct and that a 16.00 ounce serving of the above product (ready for serving) contains 14.40 ounces of equivalent meat/meat alternate when prepared according to directions.

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Ingredients

PORK AND BEEF, salt, spices, dextrose, lactic acid starter culture, oleoresin of paprika, flavoring, sodium nitrite, BHA, BHT, citric acid.

Allergens & Warnings

No information is available

Attributes

NA

Organic Claims

No information is available

NACHOS

(Chips)

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Serving size Per serving (28g)		Total Fat 7g	9%	Total Carbohydrate 18g	7%
		Saturated Fat 1g	5%	Dietary Fiber 1g	4%
Calories per serving 150		<i>Trans Fat</i> 0g		Total Sugars 0g	
		Cholesterol 0mg	0%	Includes NA Added Sugars	NA%
		Sodium 115mg	5%	Protein 2g	
		Vitamin D NA	NA%	• Calcium 20mg	2%
		Potassium 40mg	1%	• Iron 0.30mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Corn, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), and Salt.

Allergens & Warnings

No information is available

Attributes

NA

Organic Claims

No information is available